

ROCKY HEIGHTS MIDDLE SCHOOL



Sharon Majetich

Family & Consumer Science Elective, 7th & 8th Grade

RHMS District Wellness Champion

Head Cross Country & Track Coach

Student Council Sponsor

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[Majetich FACS Syllabus](#)

Family and Consumer Sciences is a course that has twelve possible academic branches. Family and Consumer Sciences or FACS, is a survey course designed to introduce students to the many subject areas that fall under the FACS department umbrella. Nutrition, Culinary Arts, Food Sustainability, and Personal Economics are some of the FACS standards. Instruction strengthens basic academic skills in language arts, mathematics, science, and social studies, and develops critical-thinking skills through practical applications in real-life situations. Students gain a wide range of transferable skills that prepare them for multiple roles in today's society. At RHMS we have the opportunity to study food science, cook, bake and utilize our school garden and a professionally inspired kitchen. This makes FACS an exciting and rewarding learning experience.

Course Highlights:

- Safety and Sanitation (Passing Safety Test Required)
- Food Allergies, Sensitives and Preferences
- Healthy and nutritious eating (Nutrition)
- A variety of food labs Culinary Arts Skills
- Hands-On activities and expectations
- Fun and competitive food related competitions
- The consumer aspects and economics of food
- Sustainability and gardening

Video Notification:

Parents should be aware that a selection of approved educational and supplemental videos will be used as a regular part of the FACS curriculum. All require reflection and journaling at the conclusion of the video. Any questions and concerns should be directed to the teacher.

Parent Communication Structures:

Please don't hesitate to reach out if you have any questions by email. This is the quickest way to get a hold of me. Because of my other school related obligations, it may take 24 hours for me to return your email.

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NIGHT HAWKS



If students miss school:

Your assignments are posted on Google Classroom. I have shared my daily lesson plans with students through Google Classroom. Students should check there first, and then ask me any specific questions via email.

If you know you are going to be absent on a lab day, please let me know as soon as possible by email.